



Prepare to Care

A program for family caregivers

Friday, April 19, 2024* | 12:30 - 2:30 p.m.

Henry Ford West Bloomfield Hospital

Demonstration kitchen — just inside the main entrance
6777 W. Maple Road
West Bloomfield, MI 48322

\$20 per person

Light refreshments will be provided. Seating limited to 50 people.

This program is intended for adults of any age, but especially those who are family caregivers or care partners. Participants will learn the importance of having conversations about health care wishes with loved ones. You will learn the steps required to complete an advance directive and printed forms will be available. There will be plenty of time for questions. You will receive a caregiver binder and will learn how to use the binder to help organize health care documents. Registered art therapist Kelly Darke will share a self-care activity.

* Registration is required. Last day for registration is April 12, 2024. Registration and payment link: <https://www.henryford.com/calendar/caregivers-education/prepare-to-care-for-family-caregivers>



Presented by Henry Ford Health C.A.R.E.SM Program. Question? Email CaregiverResources@hfhs.org or call 313.874.4838.

Henry Ford Health provides qualified interpreters and other aids for Deaf, DeafBlind, and Hard-of-Hearing persons at no cost. To request assistance, contact the C.A.R.E.SM Program by emailing CaregiverResources@hfhs.org. Please allow 3 days to process the request.