

MiCares- For Families!

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What does SEL look like at Redford Union?

Elementary

- SEL Assessment at the start of the year, mid year and end of the year
- Explicit SEL instruction built into daily schedules and practices
- Staff Lesson Guides
- Family Lessons offered online
- Family Resources

Secondary

- SEL Assessment at the start of the year, mid year and end of the year
- Explicit SEL instruction built into Panther Time schedules 2 to 3 times a week
- Staff Lesson Guides
- Family Lessons offered online
- Family Resources

Social Emotional Learning Lesson Sampler

Self-Awareness

- Identifying Emotions
- Learning About Emotions
- Respect
- Growth Mindset
- Mental Health Care
- Personal Boundaries
- Examining Your Feelings About Others

Self-Management

- Mindfulness
- Goals
- Planning and Organization
- Coping
- Manage Stress
- Impulse Control & Self-Regulation
- Manage Emotions
- Self-Control

Social Awareness

- Bullying
- Digital Literacy
- Empathy & Compassion
- Expectations at School
- Expectations in the Community
- Concern for Others

Relationship Skills

- Listening & Communication
- Cooperation & Collaboration
- Communication
- Being a Good Friend
- Conflict Resolution
- Relationships & Reputation
- Helping Others

Responsible Decision-Making

- Problem-Solving
- Safety
- Health & Hygiene
- Considering Consequences
- Healthy Decisions

How do I get to my Family Lessons?

Go to <https://redfordu.suite360sel.org/>

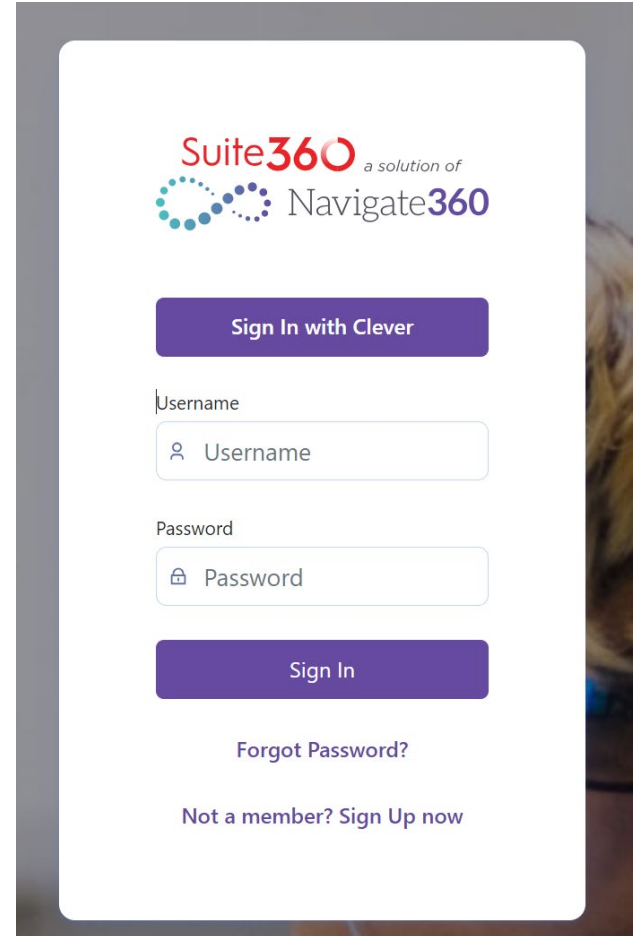
Select “Not a Member? Sign Up Now”

Use the Code REDFORDU

Follow the prompts to Sign Up

You can select multiple grades! Make sure you select all of the grades that cover your students Pre-K to 12

All information is anonymous. No one can see what you view or scroll through.



Suite360 a solution of Navigate360

Sign In with Clever

Username

Username

Password

Password

Sign In

[Forgot Password?](#)

[Not a member? Sign Up now](#)

Your Homepage!

Go to the Discover Tab



Home My Lessons Discover Translate



Hi, Jessica!

Past Due



Facing Challenges With An Open Mind

Start Lesson

Recommended For You



Parent: Athletic Recruitment

Start Lesson

Elective

Parent: Are You Going To Play In College?

Start Lesson

Elective

Parent: A Friendly Influence: Do My Friends Influence My Conduct?

Start Lesson



Parent: Good Sportsmanship

Start Lesson



From here you will select your grade - Only the grades you registered for will show up

After you select your grades, your lessons will show

Select Grades

- Grade PK Parent
- Grade K Parent
- Grade 1 Parent
- Grade 2 Parent**
- Grade 3 Parent
- Grade 4 Parent

Search

Parent: Athletic Recruitment

Parent: Are You Going To Play In College?

Elective

Parent: A Friendly Influence: Do My Friends Influence My Conduct?

Elective

Parent: Good Sportsmanship

Start Lesson

Start Lesson

Start Lesson

Start Lesson

Start Lesson

CASEL Competencies

Social Awareness

Self-Management

Self-Awareness

Relationship Skills

Responsible Decision-Making

Popular Topics

Bullying

Manage Stress

Helping Others

Diversity

Healthy Decisions



Q Grade 4 Parent

- Grade 3 Parent
- Grade 4 Parent**
- Grade 5 Parent
- Grade 6 Parent
- Grade 7 Parent
- Grade 8 Parent

Parent: Friendships Can Be Tough

Start Lesson

Q Search

Parent: Finding Success With Goals


Start Lesson

Elective

Parent: Full Of Energy!

Start Lesson

Elective



Parent: How Can I Help My Friend?

Start Lesson

Elective

Parent: Communicating Clearly

Start Lesson

Elective



Parent: Dealing With Conflict Gracefully

Start Lesson

Elective



Parent: Don't Stand By When You Can Stand Up

Start Lesson

These are
your Lessons
- Choose
what you
need from
here! :)

Extra Resources

<https://info.navigate360.com/sel-toolkit>

<https://info.navigate360.com/2021-complete-guide-to-social-emotional-learning?hsCtaTracking=aca5b908-51cb-4b4a-9804-8f531a0c3710%7C7afefbf8-f109-4c37-afdd-76cc4439c0b5>

<https://casel.org/fundamentals-of-sel/what-does-the-research-say/>